



ACATA CORE HARMONY™

HOW TO USE THE FREQUENCY ROCKET PCN LIGHT

In This Guide, You Will Find What You Need To Know On
How To Use Your Pcn Light.
We Ask That You Please Refer To The Instruction Manual For:
Benefits, Uses, And Cautions

ITEMS INCLUDED IN YOUR CASE:

Cleaning Cloth

2 Rechargeable Batteries

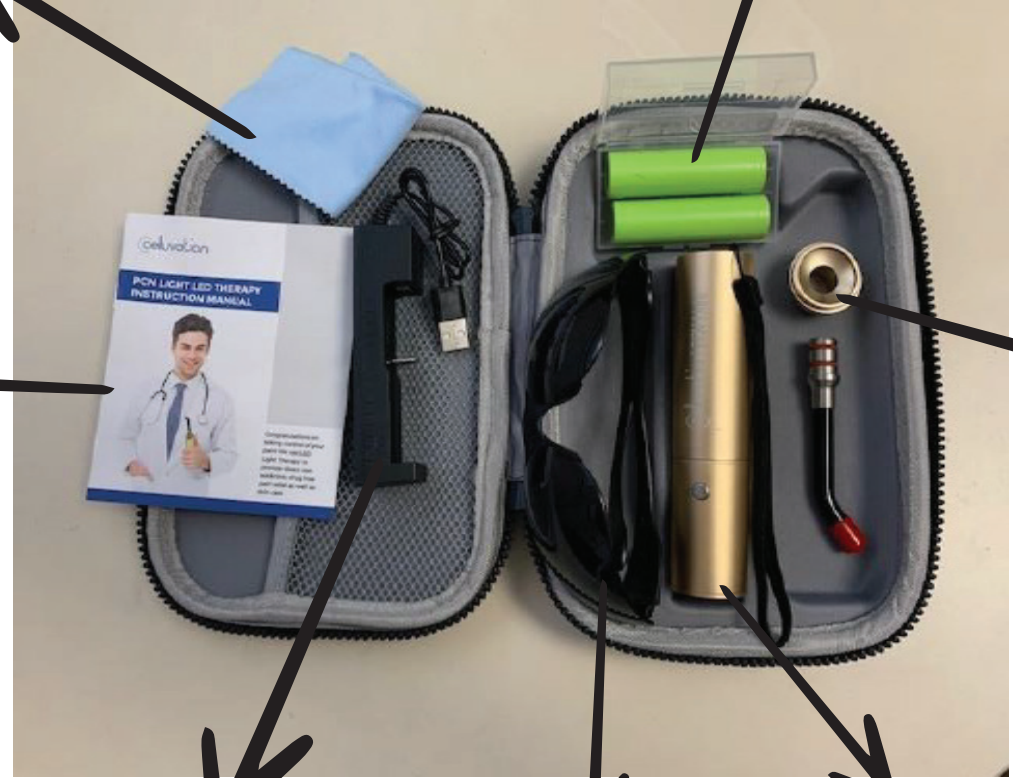
User Manual

Attachment for smaller areas (i.e : ears, nose, mouth)

USB Battery Charger

Protective Sunglasses

LED Frequency Rocket PCN Light



ACATA CORE HARMONY™

Charge the batteries prior to use
, using the USB charger by lining
up the positive ends

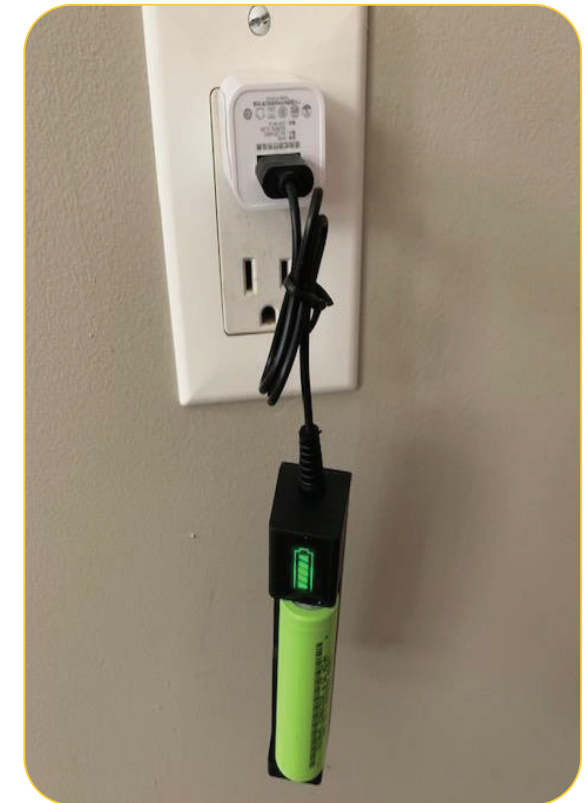


Positive
(+)

RED LIGHT: ●
indicates battery is
charging



GREEN LIGHT: ●
indicates battery is
fully charged



Next Step:

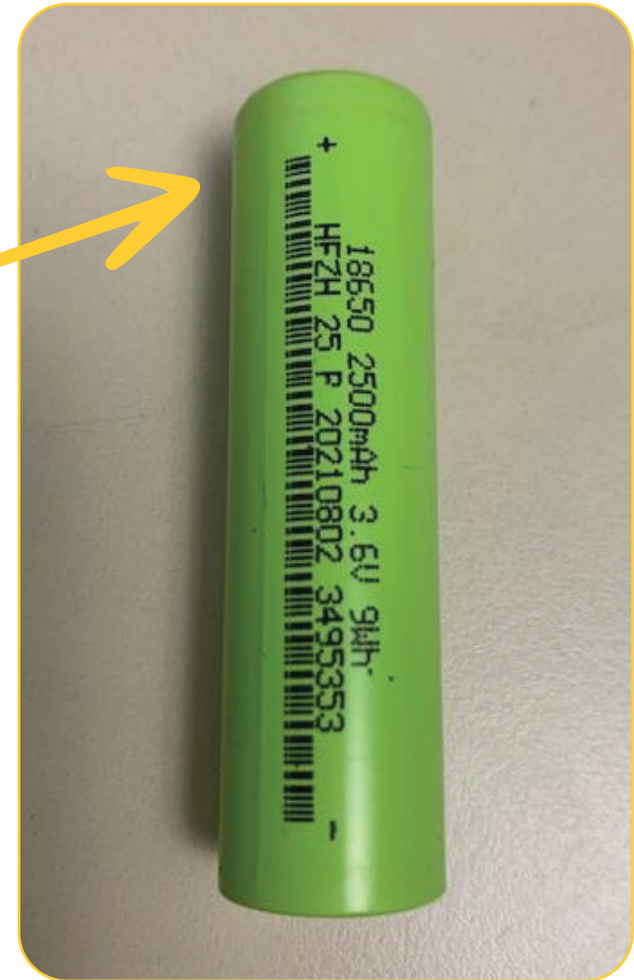
Place the battery into the PCN LIGHT

Note: The positive on the device

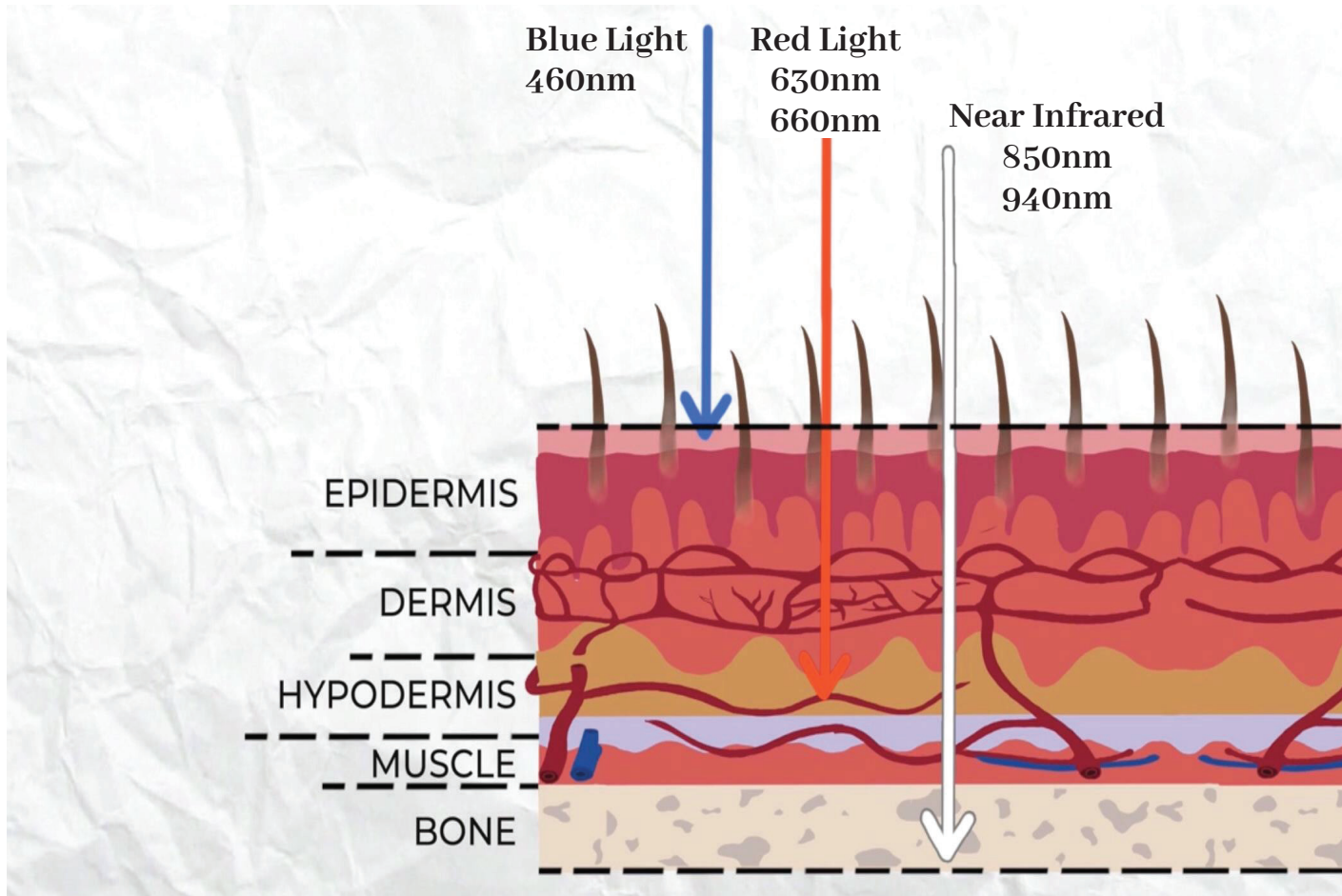
Place the positive end of the battery upward to align with the positive on the device

Then, screw the top back on the device

The light only requires 1 battery for use



Frequency Rocket PCN Light uses a combination of blue, red and near infrared LED lights up to 940nm which is the ideal light intensity for biological effects anywhere on the body. Some of the benefits include: pain management, facial skin tightening by stimulating collagen production, muscle recovery, reducing inflammation and bad cholesterol.



The PCN light comes with 2 different modes:
Pulsating and Non Pulsating

The Pulsating mode has been shown to have the following:

- greater absorption
- greater activation
- greater penetration
- greater effectiveness

It is suggested to start off using all 5 diodes on the pulsating mode to gain the most benefit



YOU ARE NOW READY TO USE YOUR PCN LIGHT

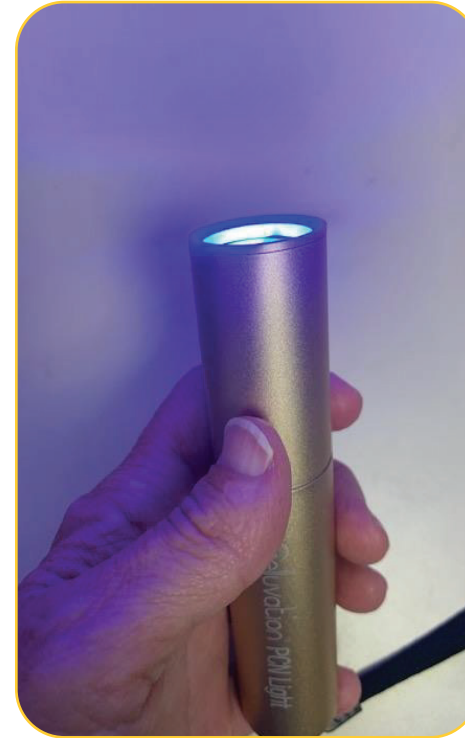
HOW TO: Use the NON Pulsating Mode



Press and release the button to display all 5 of the diodes



Press and release the button a second time all diodes display except the blue light



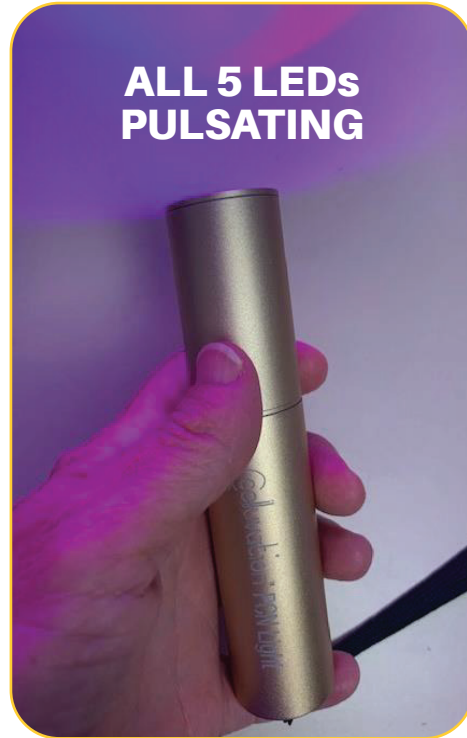
Press and release the button a third time and only the blue light displays



Press the button a fourth time and this will shut the unit off

Note: You will hear a “beep” sound any time you hit the button

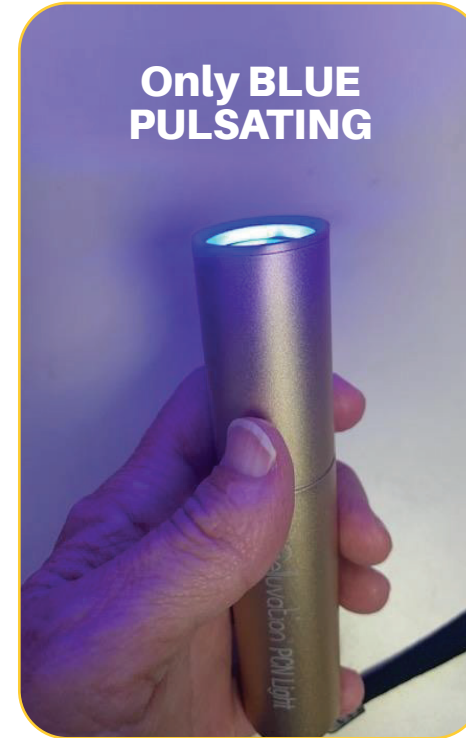
HOW TO: USE THE PULSATING MODE



Press the button once and release. Then hold the button down for 3-5 seconds until it flickers and release. You are now on the pulsating mode with all 5 of the LEDs on



Press the button a second time and release. All the LEDs will be pulsating except the Blue LED 460 nm



Press the button a third time and only the Blue 460 nm will be pulsating



Press the button a fourth time and this will shut the unit off

HOW TO:

Use the attachment for small areas such as nose, mouth and ears etc.



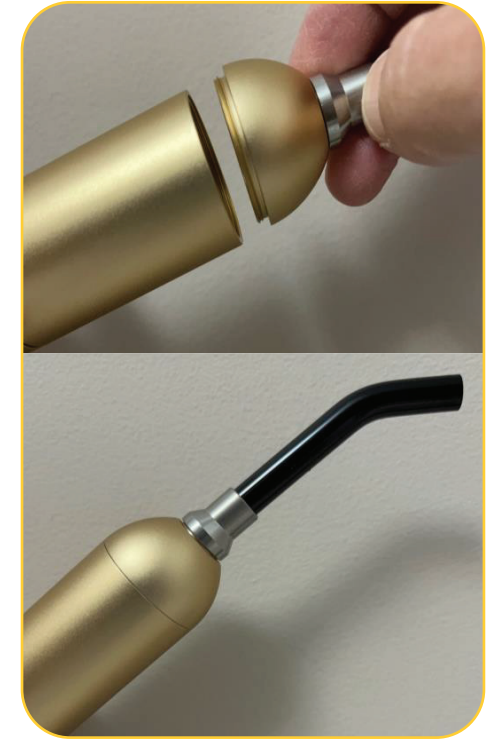
Put together the attachment device as shown in the picture above



Remove the protective red cap prior to use



Unscrew the small ring found at the end of the PCN Light



Screw the attachment to the PCN Light

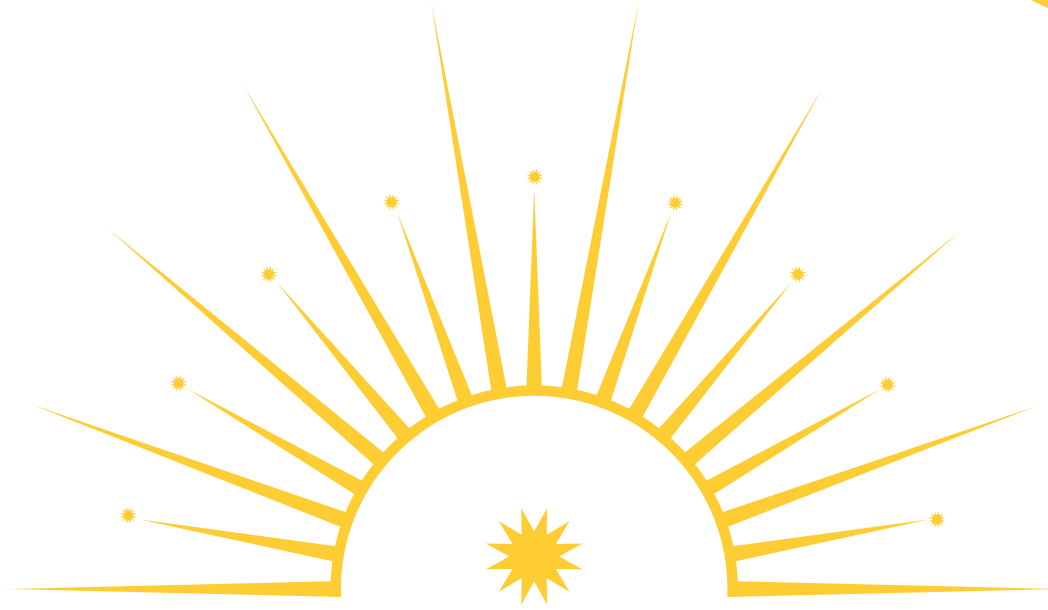
The device will only run for 3 minutes and will shut off automatically with a sound of a beep at the end of the 3 minutes. There is no need to time your session.

Allow 1 minute between the 3 minute session to prevent the unit from overheating before resuming



Frequency Rocket would love to hear your great testimonials. Please send yours to:
support@frequencyrocket.com

Thank you for your purchase



ACATA CORE HARMONY™

This/these Claim Has/have Not Been Evaluted By The Food And Drug Administration.
These Products Are Not Intended To Diagnose, Treat, Cure Or Prevent Any Disease.